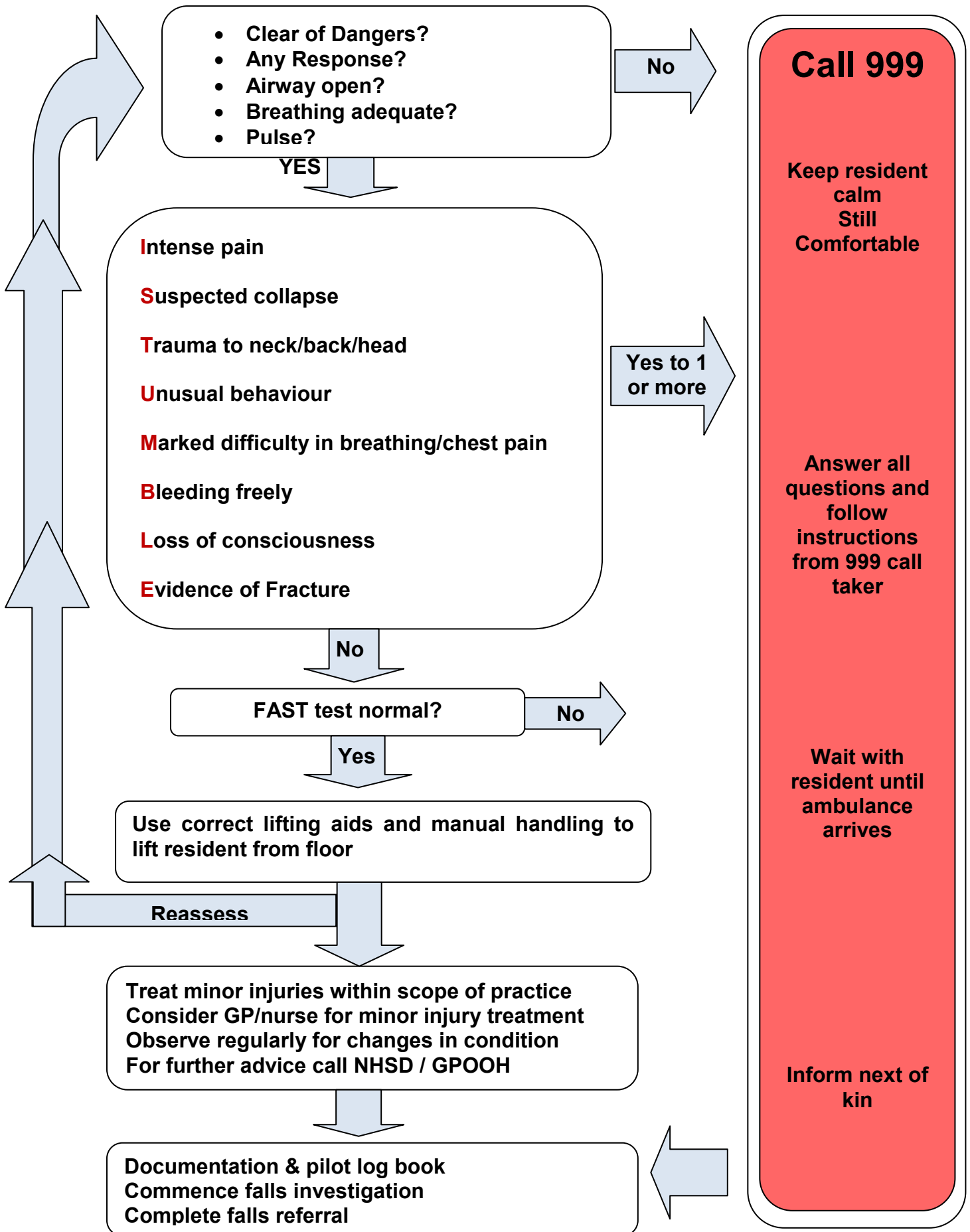




GIG  
CYMRU  
NHS  
WALES

Ymddiriedolaeth GIG  
Gwasanaethau Ambiwylans Cymru  
Welsh Ambulance Services  
NHS Trust





## “I Stumble”

### Intense Pain

- New pain since fall
- Includes headache, chest pain, and abdominal pain
- Consider both pain from injury caused by fall or medical causes

### Suspected Collapse

- Ask resident if they tripped or collapsed
- Any dizziness or sudden nausea before fall
- Includes near fainting episode

### Trauma to neck/back/head

- New pain in neck/back/head following fall
- New lump or dent in head with/without bleeding
- Any new numbness/paralysis in any limbs

### Unusual behaviour

- New confusion
- Acting differently to normal self e.g. agitated, drowsy, quiet
- Difficulty speaking e.g. slurred speech, words mixed up, marked stuttering

### Marked difficulty in breathing/chest pain

- Severe shortness of breath, not improved when anxiety is reduced
- Unable to complete sentences
- Blue/pale lips, fingertips, becoming lethargic or confused, palpitations

### Bleeding Freely

- Free flowing, pumping or squirting blood from wound
- Apply constant direct pressure to injury with clean dressing (elevate if possible)
- Try to estimate blood loss (in mugfuls)

### Loss of Consciousness

- Knocked out
- Drifting in and out of consciousness
- Limited memory of events before, during or after fall
- Unable to retain or recall information/repeating themselves

### Evidence of fracture

- Obvious deformity e.g. shortened/rotated, bone visible, severe swelling
- Reduced range of movement in affected area
- Unusual movement around affected area

In all 999 calls remember to keep resident: **CALM, STILL & COMFORTABLE.**  
If any bleeding is present, apply constant direct pressure with a clean dressing.